

## Periodontal Maintenance Evaluation Appointment

Today your periodontal health was evaluated and reassessed for any further treatment needs based on your own body's ability to heal.

At your first appointment you were diagnosed with and specifically treated for the number one mouth infection in adults **PERIODONTAL DISEASE**, which, if left untreated, or under treated will lead to tooth loss.

**Periodontal Disease** can be treated and successfully maintained but never disappears or can be completely cured. You will from now on, be at a much higher risk for relapse of this disease if not managed properly. The "regular cleaning" that you have always been used to receiving will no longer be effective in managing your mouths' disease.

These re-care appointments for your gum disease remission are coded by your insurance company as **Periodontal Maintenance Appointments**, not Adult Prophylaxis.

You're Hygienist and Dr. Mader will determine your individual retreatment re-care intervals based on your body's ability to maintain a non-infected healthy state of this disease process, much like the equivalent to remission in other diseases. For this to be successful, it will **80% your responsibility** at home with plaque removal and 20% our responsibility as skilled clinicians at removing what bacteria you miss at home that collects underneath the gum tissue.

What you can expect at your **Periodontal Maintenance Appointments**:

1. Oral Cancer Screening
2. Periodontal Probing
3. Evaluating Recession (bone loss increases with increased recession)
4. Probe sites that bleed- (indicate active disease still occurring)
5. Removal of debris/stain
6. Thorough removal of calculus and smoothing of root surfaces to deter any new accumulation of the highly destructive bacteria that causes reinfection
7. Review of home care techniques and/or plaque removal aides
8. Comprehensive Treatment recommendations to help with lifetime tooth retention
9. Annual radiographs to evaluate for bone loss and cavities.
10. Fluoride Treatment Applied — reduces decay and slows down bacteria activity
11. Evaluation for a Referral to a Periodontal Specialist for additional Periodontal Treatment

It is our commitment to our patients that you receive the highest quality care and treatment. In order for this Non- Surgical treatment to be successful we ask you to keep your scheduled appointments with your hygienists'. The time interval between your re-care appointments are critical for your long term successful treatment and will greatly reduce the chance of a referral to a Periodontal Specialist for surgery.

Your Dental Team,

Dr. Jeff Mader, and Hygienists' — Toni Szabo, LDH; Deb Kirkpatrick, LDH; Marsca Dunn, LDH; Nikki Bradley, LDH; Cara DiMarzio, LDH; Sarah Rafalski, LDH