

Composite/Amalgam Post-Operative Instructions

- Do not bite together hard or eat on fresh amalgam fillings for 2 to 3 hours. Composite fillings set up hard right away.
- Children should be observed until the anesthetic wears off. Due to the strange feeling of the anesthetic, many children may chew the inside of their lip, cheeks or tongue and cause serious damage.
- Sensitivity, especially to cold, is common for a few days following a dental restoration. Usually, the deeper the cavity, the more sensitive the tooth will be.
- Sensitivity is usually most noticeable the first 12 to 24 hours after the anesthetic wears off.
- The gum tissue could have been irritated during the procedure and may be sore for a few days together with the anesthetic injection site.
- The finished restoration may be contoured slightly different and have a texture different than the original tooth. Your tongue usually magnifies this small difference, but you should become accustomed to this in a few days. If the bite seems high or doesn't feel right please call our office.